

QUICK RESOURCE GUIDE – DISTRICT OF COLUMBIA
(in alphabetical order by type of assistance requested)

June 18, 2013

EMERGENCY NUMBERS		
Abused Adults	DC Adult Protective Services	202-541-3950
Abused Children	DC Child & Family Services	202-671-7233
Domestic Violence	National Domestic Violence Hotline	800-799-7233
	DC Safe – 24 hour domestic violence line	800-407-5048
	House of Ruth	202-667-7001
Human Trafficking	National Resource Center	888-373-7888
Mental Health Crisis	DMH Mobile Community Treatment Team	202-673-9300
Rape/Sexual Assault	DC Rape Crisis Center	202-333-7273
	National Sexual Assault Hotline	800-656-4673
Shelter	DC 24-Hour Emergency Shelter Hotline	800-535-7252
Suicide	go to a local emergency room	911
	National Suicide Prevention Hotline	800-784-2433

ALL REQUESTS – Information Hotline

DC Human Services hotline, www.answersplease.dc.gov call 211 or 202-463-8211

Adult Education/GED Classes/External High-School Diploma

Literacy Helpline, dclibrary.org/node/5510 202-727-2431
Academy of Hope, (sites in NE & SE) 202-269-8623
Byte Back (computer literacy), 815 Monroe St. NE 202-529-3395

Budgeting/Debt Counseling Resources

FDIC Money Smart, www.fdic.gov/consumers/consumer/moneysmart/
Capital Area Assets Builders (CAAB), 1444 Eye St. NW 202-419-1440
Money Management International 866-889-9347

Burial Assistance

DC Burial Assistance Program, 645 H Street, NE (ESA Service Center) 202-698-4112

Case Management/Walk-in Social Worker Services

Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-9:45a; 2:30-5:45p 202-452-8926
So Others Might Eat (S.O.M.E.), 71 "O" St. NW, M-F, 8am intake 202-797-8806
Bread for the City, 1640 Good Hope Rd., M-Thurs, 9:30-11:30am 202-265-2400
Bread for the City, 1525 7th St. NW, Mon,Tues,Thurs, 9-11am or 1-3pm 202-561-8587

Children's Services

Child Care Vouchers, 4001 South Capitol St. SW 202-727-0284
Urban Alliance (paid internships for high school seniors) 202-459-4300

Clothing

Bread for the City, 1640 Good Hope Rd. SE 202-561-8587
(Free; T, W, R 10am-2pm. Free; bring your own bag)
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
(Free; T, R names A-L; W, F names M-Z; men 8:30-9:30am, women 10-11am)

Counseling

DC Department of Mental Health (DMH) 24-Hour Helpline 888-793-4357
DMH, 35 K St. NE, 8:30am-3pm (walk-in psychological assessments) 202-442-4202
Grief Counseling – Wendt Center, 4201 Connecticut Ave. NW 202-624-0010

Dental Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW 202-939-2400, x4
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806

Disability Services (supported employment, job training, etc.)

Department of Disability Services, 1125 15th Street NW 202-730-1700

Economic Security Administration (ESA) Service Centers (formerly called IMA)

(Food stamps/Medicaid/TANF- all locations. Temporary disability - H Street only.)
Hours: Monday-Friday 8:15am- 4:45pm; extended hours until 7pm on Wednesdays
Anacostia, 2100 Martin Luther King Jr. Ave., SE 202-645-4614
Congress Heights, 4001 South Capitol Street, SW 202-645-4546
Fort Davis, 3851 Alabama Ave., SE 202-645-4500
H Street, 645 H Street, NE (also provides temporary disability funds) 202-698-4350
Taylor Street, 1207 Taylor Street, NW 202-576-8000

Eye Care

Exams - So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
Exams - Washington Hospital Center, 110 Irving St. NW 202-877-3937
Glasses - Prevention of Blindness, 2216 Rhode Island Ave. NE 202-269-0203

Family Support

Strong Families (DC Dept. of Human Services) 202-698-4293
Far Southeast Family Strengthening, 2041 MLK Jr Ave. SE 202-889-1425

Food - Groceries

Capital Area Food Bank Hunger Lifeline 202-639-9770
DC Food Finder, (sources closest to any DC address) www.dcfoodfinder.org
Food Stamps (now called "SNAP", look under "Economic Security Administration" sites)
WIC Hotline (Women, Infants, Children – food) 800-345-1942
SHARE Program, www.sharedc.org 301-864-3115
(pay \$20 for \$40-45 of groceries, EBT welcome, local sites in DC and MD)

Food - Meals

S.O.M.E., 71 "O" St. NW, daily, 7:30-8:30am, 11:30am-1pm 202-797-8806
Miriam's Kitchen, 2401 Virginia Ave. NW, M-F 6:30-9:45am; 4:45-5:45p 202-452-8926

Furniture (call first, you must provide transportation)

Central Union Mission, 3182 B Bladensburg Road, NE 202-529-0165
Mission of Love, 6180 Old Central Ave., Capitol Heights, MD 301-333-4440
A Wider Circle, Silver Spring, MD 301-608-3504

Health Care

Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW 202-939-2400
So Others Might Eat (S.O.M.E.), 71 "O" St. NW 202-797-8806
Unity Health Care Clinics (for the under and un-insured) 202-715-7901
Medicare/Medicaid Insurance (look under "Economic Security Administration" sites)

HIV Testing/Support

Family and Medical Counseling Service, 2041 MLK Jr. Ave. SE 202-889-7900
 Carl Vogel Center, 1012 -14th St. NW, Suite 700 202-638-0750

Housing Search Resources/ Strategies

Housing Counseling Services, 2410 17th Street, NW 202-667-7006
 (every Thursday at 4pm there is a session on how to look for housing in DC)
 DHCD Housing Resource Center, 1800 MLK Ave. SE (8:30a-3:30p) 202-442-9505
 Database of housing options: www.dchousingsearch.org
 Victory Housing (an ADW program) www.victoryhousing.org 301-493-6000
 Check: realtors, City Paper (every Thurs.), Washington Post (Sat & Sun), grocery store
 bulletin boards, consider sharing with a roommate.

Identification/Birth Certificates

Salvation Army, 1434 Harvard St. NW (Wed & Thurs, call first) 202-250-7705
 Foundry Methodist Church, (requires an online referral by a social services agency)

Immigrant-Focused Services

Ayuda, 6925 B Willow Street NW 202-387-4848
 Catholic Charities' Immigration Legal Clinics, (arrive early, \$60 consultation fee)
 Tuesdays, 9:30 AM 924 G Street NW
 Wednesdays, 9:00 AM 1618 Monroe St. NW
 Thursdays, 9:00 AM 12247 Georgia Ave., Silver Spring, MD
 Catholic Charities' Spanish Catholic Center, 1618 Monroe St. NW 202-939-2400
 CARECEN, 1460 Columbia Road NW, Suite C-1 202-328-9799

Job Search Resources

DC Department of Employment Services (DOES) 202-724-7000
 America Works, 1720 I Street, NW, 9th Floor 202-466-5627
 Jubilee Jobs, 2712 Ontario Rd. NW 202-667-8970
 Samaritan Ministry, 1345 U St. SE (889-7702) or 1516 Hamilton St. NW 202-722-2280

Legal Assistance

Bread for the City, 1525 7th St. NW (walk-in Monday 1-3pm) 202-265-2400
 Bread for the City, 1640 Good Hope Rd., SE (walk-in Monday 1-3pm) 202-587-0527
 Catholic Charities' Archdiocesan Legal Network (call first) 202-350-4305
 Catholic Charities' Archdiocesan Legal Network (en espanol) 202-772-4325
 Legal Aid Society 202-628-1161
 University Legal Services 202-547-4747
 Washington Legal Clinic for the Homeless 202-328-5500

Library (internet, computer classes, movies, free children's programs)

Martin Luther King Jr., 901 G St. NW, (or call for 25 branch offices) 202-727-0321

Phone

Assurance Wireless, (free phone with 250 minutes/month) 888-898-4888

Pregnancy/Parenting

Northwest Pregnancy Center, 2702 Ontario Road, NW 202-483-7008
 Capitol Hill Pregnancy Center, 713 Maryland Ave., NE 202-546-1018
 Healthy Babies Project, 4501 Grant Street, NE 202-396-2809
 Catholic Charities' Sanctuaries for Life Program 301-441-1472, x122

Prison Outreach

Prison Outreach Ministry (Welcome Home), mentoring program 202-772-4300, x040
 Visitors Services Center, 1422 Mass Ave. SE 202-544-2131

Rental/Mortgage Assistance (must call for an appointment)

Community Partnership (Virginia Williams Center), 33 N St. NE 202-312-5510
 Housing Counseling Services, 2410 - 17th St. NW, Suite 100 202-667-7339
 Salvation Army, 1434 Harvard Street NW, Suite B 202-332-5000
 Salvation Army, 2300 Martin Luther King Ave. SE 202-678-9771
 Catholic Charities' SE Family Center, 2812 Pennsylvania Ave., SE 202-574-8442 358-5100
 Tenant Survival Guide from the Harrison Institute for Public Law (December 2006)
http://och.georgetown.edu/uploadedfiles/Tenant_Survival_Guide.pdf
 Dept. Housing & Community (mortgages), www.dhcd.dc.gov 202-442-7200
 HUD's Making Home Affordable Program, www.makinghomeaffordable.gov

Senior Citizens (60+)

DC Office on Aging, 441 4th Street, NW, Suite 900 202-724-5622

Shelter (Emergency) & Homelessness

Men 801 East, 2700 Martin Luther King Jr. Ave. SE 202-561-4014
 New York Avenue Shelter, 1355 New York Ave. NE 202-832-2359
Women Open Door Shelter, 425 2nd Street NW 202-639-8093
 Harriet Tubman, 1900 Massachusetts Ave. SE 202-547-1924
Family Virginia Williams, 33 N Street NE (8am-4:15pm) 202-724-3932
 (Virginia Williams is the only central intake office in DC for families)
Day Capitol Hill Group Ministry, 1338 G Street SE 202-544-3150
 (Mon-Sat 9am-6pm. Showers, laundry, kitchen facilities)

Substance Abuse Treatment Programs

APRA Assessment & Referrals, 70 N St. NE, (7am-6pm) 202-727-8473
 Clean and Sober Streets, 425 2nd St. NW (9am-7pm) 202-783-7343
 Delox at DC General, 1905 E St. SE (24 hours) 202-698-6080

Transportation/Tokens (call first)

Community Council for the Homeless, 4713 Wisconsin Ave. NW 800-263-0583
 Father McKenna Center, 19 Eye St. NW 202-842-1112
 Thrive DC, 1525 Newton St. NW 202-737-9311
 Travelers Aid (stranded travelers) Union Station, 50 Mass Ave. NE 202-371-1937

Utility Assistance

DC Energy Assistance Program 311 or 202-673-6750
 Strong Families (DC Dept. of Human Services) 202-698-4293
 Salvation Army 202-332-5000
 Greater Washington Urban League 202-265-8200
 United Planning Organization (UPO) Peley Green Center 202-562-3800

Veterans Support

DC Vet Center, 1250 Taylor St. NW (8:30am-4:30pm M-F) 877-927-8387
 America Works, 1720 I Street, NW, 9th Floor 202-503-9928